

A Message from the Spirit of the Horse

You seeth not
what stands before the eyes.

It is time
that you spoke for us.
We need your voices.

We take heart that many
are awakening to our needs.
We are united as One with you.

We sing the songs of the spheres.
We ground your beings
into the earth
and through us
we connect you to the stars.

You wonder why you feel good
when you touch us—
lean into us.
It is because we connect you
to the stars.

See us—we sacrifice ourselves
to your blindness
and never give up hope
that you will awaken
and we will be released
from our suffering.

Our ancestors had more hope.

Some of you see the sunrise
when you ride us—
feel the trees.
But how many of you
feel the stream of light
that flows between us
when we carry you on our backs?

Our connections breathe life
into your lifeless bodies.

See us once again as brothers.
We are here to serve as mirrors
so that you—Mankind—

can find your way back to the stars.
To that Source that serves for us all.

Our molecular structure is One.

Know your power, Mankind.
When you see us as One with you
then you will know your strength.

We love you all.
We are One with you
as you are One with all beings.
We are a vehicle
for that knowingness of Oneness.

Hear ye the cries of the Rooster.
Mankind must awaken.
He can no longer sleep.

— Linda Tellington-Jones
1984 at the Light Institute, Galisteo, NM
During a “windows to the sky” session
with Chris Griscom